

Feeling stuck with lingering depression symptoms?  
Ask about adding VRAYLAR to your antidepressant.

**Help break through to relief.**

**Vraylar**   
(cariprazine) capsules  
1.5mg-3mg

**breaking  
through**

VRAYLAR is a prescription medicine used along with antidepressants to treat major depressive disorder (MDD) in adults.

## IMPORTANT SAFETY INFORMATION

### **What is the most important information I should know about VRAYLAR?**

Elderly people with dementia-related psychosis (having lost touch with reality due to confusion and memory loss) taking medicines like VRAYLAR are at an increased risk of death. VRAYLAR is not approved for treating patients with dementia-related psychosis.

VRAYLAR and antidepressants may increase suicidal thoughts or actions in some children and young adults especially within the first few months of treatment or when the dose is changed. Depression and other mental illnesses are the most important causes of suicidal thoughts and actions. Patients on antidepressants and their families or caregivers should watch for new or worsening depression symptoms, especially sudden changes in mood, behaviors, thoughts, or feelings. This is very important when VRAYLAR or the antidepressant is started or when the dose is changed. Report any change in these symptoms immediately to the doctor.

**Please see additional Important Safety Information throughout and full Prescribing Information, including Boxed Warnings, and Medication Guide.**



“Having a diagnosis made me feel like I could point a finger to what was going on with me. I was able to focus and target what I can do to improve my mental health.”

– Josh, a patient living with MDD,  
who is not taking VRAYLAR

## IMPORTANT SAFETY INFORMATION (continued)

### VRAYLAR may cause serious side effects, including:

- **Stroke (cerebrovascular problems) in elderly people with dementia-related psychosis that can lead to death**
- **Neuroleptic malignant syndrome (NMS):** Call your healthcare provider or go to the nearest hospital emergency room right away if you have high fever, stiff muscles, confusion, increased sweating, or changes in breathing, heart rate, and blood pressure. These can be symptoms of a rare but potentially fatal side effect called NMS. VRAYLAR should be stopped if you have NMS.
- **Uncontrolled body movements (tardive dyskinesia or TD):** VRAYLAR may cause movements that you cannot control in your face, tongue, or other body parts. Tardive dyskinesia may not go away, even if you stop taking VRAYLAR. Tardive dyskinesia may also start after you stop taking VRAYLAR.
- **Late-occurring side effects:** VRAYLAR stays in your body for a long time. Some side effects may not happen right away and can start a few weeks after starting VRAYLAR, or if your dose increases. Your healthcare provider should monitor you for side effects for several weeks after starting or increasing dose of VRAYLAR.

# You're not alone

**Vraylar**<sup>®</sup>  
(cariprazine) capsules  
15mg•3mg

Major depressive disorder (MDD), commonly referred to as depression, is one of the most common mental disorders in the United States.

**21** million adults are affected by major depressive disorder\*

\*Estimated in a 2020 survey.



## Depression is more than just sadness

**Beyond feeling down, depression can include:**

- Low energy and motivation, turning simple daily tasks into challenges
- A loss of interest in your day-to-day activities
- Changes in sleep and appetite
- Negative thoughts
- Difficulty concentrating

Feeling this way isn't a sign of weakness or a character flaw. Depression is a real medical condition that can affect both the mind and body. It is important to discuss your symptoms with your healthcare provider.

## If you're still struggling, there may be more you can do

In a large US study of adults with depression, **approximately 50% still had unresolved depressive symptoms** with their first antidepressant.

**An add-on treatment** can help build on the progress you've made on your antidepressant.

Clinical guidelines recommend add-on treatment as an appropriate option—sometimes as soon as a partial response is achieved with an antidepressant.

## Ask your provider if changes to your treatment may be needed

If you've made progress on an antidepressant but are still having symptoms after 4–8 weeks, it may be a good time to talk to your doctor to see if something different, like an add-on treatment, could help.

**Please see additional Important Safety Information throughout and full Prescribing Information, including Boxed Warnings, and Medication Guide.**

# About VRAYLAR

**VRAYLAR is a prescription medicine used along with antidepressant medicines to treat major depressive disorder (MDD) in adults.**

VRAYLAR is a once-daily pill that can be taken with or without food.

Do not stop taking VRAYLAR or change how much you take without checking with your healthcare provider first.



## Could VRAYLAR help me break through?

When added to your antidepressant, **VRAYLAR significantly reduces overall depression symptoms better than an antidepressant alone.\***

Adding VRAYLAR to your antidepressant may help you break through to relief.

\*Demonstrated in 6- and 8-week trials in MDD patients with inadequate response to antidepressant treatment. Individual results may vary.



## Do I need to change my current antidepressant?

No. If you've made progress on your antidepressant but are still experiencing unresolved depression symptoms, your healthcare provider may add VRAYLAR to help you break through to relief. Ask if adding VRAYLAR is right for you.



## How does VRAYLAR work?

VRAYLAR works with your antidepressant. VRAYLAR also works differently than an antidepressant. While the exact way VRAYLAR works is unknown, it is believed that VRAYLAR helps regulate chemicals in the brain, such as serotonin and dopamine, that may help control your mood.

To see how VRAYLAR is thought to work, visit [VRAYLAR.com/how](https://vraylar.com/how).



## What should I keep in mind?

Treatments like VRAYLAR start working gradually. Every patient is different, so it's important to stick with your treatment plan.



If you have unresolved depression symptoms even on your antidepressant, **ask your healthcare provider today if adding VRAYLAR could be right for you.**

**Vraylar**   
(cariprazine) capsules  
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## IMPORTANT SAFETY INFORMATION (continued)

### VRAYLAR may cause serious side effects, including (continued):

- **Problems with your metabolism, such as:**

- **High blood sugar and diabetes:** Increases in blood sugar can happen in some people who take VRAYLAR. Extremely high blood sugar can lead to coma or death. Your healthcare provider should check your blood sugar before or soon after starting VRAYLAR and regularly during treatment. Tell your healthcare provider if you have symptoms such as feeling very thirsty, very hungry, or sick to your stomach, urinating more than usual, feeling weak, tired, confused, or your breath smells fruity.
- **Increased fat levels (cholesterol and triglycerides) in your blood:** Your healthcare provider should check fat levels in your blood before or soon after starting VRAYLAR and during treatment.
- **Weight gain:** Weight gain has been reported with VRAYLAR. You and your healthcare provider should check your weight before and regularly during treatment.

**Please see additional Important Safety Information throughout and full Prescribing Information, including Boxed Warnings, and Medication Guide.**

# Vraylar

(cariprazine) capsules  
1.5mg-3mg



# What antidepressants could I take with VRAYLAR?

In VRAYLAR clinical studies, patients were taking commonly used antidepressants,\* including:

- Bupropion hydrochloride (Wellbutrin®)
- Fluoxetine (Prozac®)
- Paroxetine (Paxil®)
- Sertraline (Zoloft®)
- Duloxetine (Cymbalta®)
- Venlafaxine (Effexor®)
- Escitalopram (Lexapro®)
- Citalopram (Celexa®)

These are not all the antidepressants studied with VRAYLAR. Ask your healthcare provider if adding VRAYLAR is right for you.

\*All trademarks are the property of their respective owners.



## Breaking through to relief is possible

Talk to your healthcare provider about adding VRAYLAR to your current antidepressant.

### IMPORTANT SAFETY INFORMATION (continued)

#### VRAYLAR may cause serious side effects, including (continued):

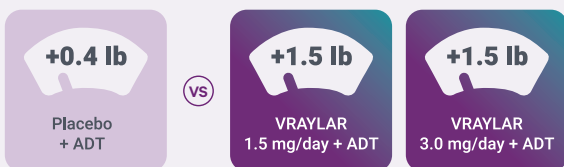
- **Low white blood cell count:** Low white blood cell counts have been reported with antipsychotic drugs, including VRAYLAR. This may increase your risk of infection. Very low white blood cell counts, which can be fatal, have been reported with other antipsychotics. Your healthcare provider may do blood tests during the first few months of treatment with VRAYLAR.
- **Decreased blood pressure (orthostatic hypotension):** You may feel lightheaded or faint when you rise too quickly from a sitting or lying position.
- **Falls:** VRAYLAR may make you sleepy or dizzy, may cause a decrease in blood pressure when changing position (orthostatic hypotension), and can slow thinking and motor skills, which may lead to falls that can cause fractures or other injuries.

**Please see additional Important Safety Information throughout and full [Prescribing Information](#), including [Boxed Warnings](#), and [Medication Guide](#).**

## Will I gain weight while on VRAYLAR?

Most people taking VRAYLAR + antidepressant (ADT) saw no substantial impact on weight.

Average weight change in **6-week** major depressive disorder studies:



In clinical studies, 98% of patients in 6-week trials and 81% of patients in a 6-month trial had no substantial weight gain (defined by  $\geq 7\%$  change). In the 6-month study, the average weight gain in VRAYLAR-treated patients was 3.7 lb. Weight gain may occur. You and your doctor should monitor your weight regularly.

## Can I anticipate any sexual side effects when adding VRAYLAR?

In clinical studies, **less than 1%** of patients taking VRAYLAR with their antidepressant reported sexual side effects.\*

	Placebo + ADT (n=503)	VRAYLAR 1.5 mg/day + ADT (n=502)	VRAYLAR 3 mg/day + ADT (n=503)
Abnormal orgasm	0%	0%	0.2%
Decreased sex drive	0%	0.2%	0%
Erectile dysfunction	0%	0.2%	0%
Ejaculation failure	0%	0.2%	0%
Ejaculation disorder	0%	0%	0%

\*These adverse events were self-reported by patients in 6-week studies.



## IMPORTANT SAFETY INFORMATION (continued)

### VRAYLAR may cause serious side effects, including (continued):

- **Seizures (convulsions)**
- **Sleepiness, drowsiness, feeling tired, difficulty thinking and doing normal activities:** Do NOT drive, operate machinery, or do other dangerous activities until you know how VRAYLAR affects you. VRAYLAR may make you drowsy.
- **Increased body temperature:** Do not become too hot or dehydrated during VRAYLAR treatment. Do not exercise too much. In hot weather, stay inside in a cool place if possible. Stay out of the sun. Do not wear too much clothing or heavy clothing. Drink plenty of water.
- **Difficulty swallowing** that can cause food or liquid to get into your lungs

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**“VRAYLAR plus my antidepressant helped me treat my depression symptoms. Now that my symptoms are controlled, I can navigate through life a little bit better.”\***

*– Kami, a real VRAYLAR patient with MDD*

\*Results may vary.

## **IMPORTANT SAFETY INFORMATION (continued)**

### **Who should not take VRAYLAR?**

Do not take VRAYLAR if you are allergic to any of its ingredients. Get emergency medical help if you are having an allergic reaction (eg, rash, itching, hives, swelling of the tongue, lip, face or throat).

### **What should I tell my healthcare provider before taking VRAYLAR?**

Tell your healthcare provider about any medical conditions and if you:

- have or have had heart problems or a stroke
- have or have had low or high blood pressure
- have or have had diabetes or high blood sugar in you or your family
- have or have had high levels of total cholesterol, LDL-cholesterol, or triglycerides; or low levels of HDL-cholesterol
- have or have had seizures (convulsions)

## You may be able to pay less for VRAYLAR with VRAYPAY<sup>SM</sup>

VRAYLAR<sup>®</sup> (cariprazine) is an adjunctive or add-on treatment for adults with major depressive disorder.

Eligible commercially insured patients may pay as little as<sup>†</sup>



**92%** of VRAYLAR patients pay \$10 or less per prescription<sup>†</sup>

- \$0 for VRAYLAR: both 30- and 90-day fills
- \$0 for a generic antidepressant

Get your savings card and talk to your doctor about a **90-day prescription** to save more time and money at the pharmacy.



Not Actual Card Image.

### 2 ways to enroll:

Text **SAVE** to **20686**<sup>s</sup>

Go to **VrayPay.com**

<sup>†</sup>Eligibility: Available to patients with commercial insurance coverage for VRAYLAR<sup>®</sup> (cariprazine) who meet eligibility criteria. This co-pay assistance program is not available to patients receiving prescription reimbursement under any federal, state, or government-funded insurance programs (for example, Medicare [including Part D], Medicare Advantage, Medigap, Medicaid, TRICARE, Department of Defense, or Veterans Affairs programs) or where prohibited by law. Offer subject to change or termination without notice. Restrictions, including monthly maximums, may apply. This is not health insurance. **For full Terms and Conditions, visit [vraypay.com](https://vraypay.com) or call 1-800-761-0436 for additional information. To learn about AbbVie's privacy practices and your privacy choices, visit <https://abbvie.com/corporate/privacy>**

<sup>\*</sup>As of November 2024. Out-of-pocket costs may vary by plan design and beneficiary. Please consult your healthcare plan for more specific details related to your coverage.

<sup>s</sup>Text SAVE to 20686 to enroll or activate your savings card and receive refill reminders. Message and data rates may apply. Message frequency varies. You are not required to consent as a condition of receiving goods or services. You can reply HELP for help. You can reply STOP to opt out at any time. By texting SAVE to 20686, you agree to program Terms and Conditions, AbbVie Privacy Policy, and VRAYLAR SMS Terms.

## IMPORTANT SAFETY INFORMATION (continued)

### What should I tell my healthcare provider before taking VRAYLAR? (continued)

Tell your healthcare provider about any medical conditions and if you (continued):

- have or have had kidney or liver problems
- have or have had low white blood cell count

**Please see additional Important Safety Information throughout and full Prescribing Information, including Boxed Warnings, and Medication Guide.**



Sign up to receive information and resources that may help you manage your condition at **AddVRAYLAR.com**

## INDICATION AND USAGE

VRAYLAR is a prescription medicine used along with antidepressant medicines to treat major depressive disorder (MDD) in adults.

## IMPORTANT SAFETY INFORMATION (continued)

### What should I tell my healthcare provider before taking VRAYLAR? (continued)

Tell your healthcare provider about any medical conditions and if you (continued):

- are pregnant or plan to become pregnant. VRAYLAR may harm your unborn baby. Taking VRAYLAR during your third trimester of pregnancy may cause your baby to have abnormal muscle movements or withdrawal symptoms after birth. Talk to your healthcare provider about the risk to your unborn baby if you take VRAYLAR during pregnancy. If you become pregnant or think you are pregnant during treatment, talk to your healthcare provider about registering with the National Pregnancy Registry for Atypical Antipsychotics at 1-866-961-2388 or <http://www.womensmentalhealth.org/clinical-and-research-programs/pregnancyregistry/>.
- are breastfeeding or plan to breastfeed. It is not known if VRAYLAR passes into breast milk. Talk to your healthcare provider about the best way to feed your baby during treatment with VRAYLAR.

Tell your healthcare provider about all medicines that you take, including prescriptions, over-the-counter medicines, vitamins, and supplements. VRAYLAR may affect the way other medicines work, and other medicines may affect how VRAYLAR works. Do not start or stop any medicines while taking VRAYLAR without talking to your healthcare provider.

### What are the most common side effects of VRAYLAR?

- The most common side effects include difficulty moving or slow movements, tremors, uncontrolled body movements, restlessness and feeling like you need to move around, sleepiness, nausea, vomiting, indigestion, constipation, feeling tired, trouble sleeping, increased appetite, and dizziness.

These are not all the possible side effects of VRAYLAR.

**You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.**

**If you are having difficulty paying for your medicine, AbbVie may be able to help. Visit [AbbVie.com/myAbbVieAssist](http://AbbVie.com/myAbbVieAssist) to learn more.**

**Please see additional Important Safety Information throughout and full [Prescribing Information](#), including [Boxed Warnings](#), and [Medication Guide](#).**

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